



VITAFOL Fe+

Complete Prenatal Supplement
with 90mg iron

Supplement Facts

Serving Size 1 Softgel Capsule

Each Softgel Capsule contains		% Daily Value in Pregnancy
Vitamin A (as beta carotene)	330 mcg RAE	25%
Vitamin C (as ascorbic acid)	60 mg	50%
Vitamin D (as cholecalciferol)	25 mcg	170%
Vitamin E (as dl-alpha tocopheryl acetate)	9 mg	50%
Thiamin (Vitamin B1 as thiamine mononitrate)	1.6 mg	110%
Riboflavin (Vitamin B2)	1.8 mg	110%
Niacin (as niacinamide)	15 mg NE	80%
Vitamin B6 (as pyridoxine hydrochloride)	2.5 mg	130%
Folate (680 mcg DFE from folic acid & 1020 mcg DFE from l-methylfolate calcium)	1700 mcg DFE	280%
Vitamin B12 (as cyanocobalamin)	25 mcg	890%
Iron (as polysaccharide iron complex)	90 mg	330%
Iodine (as potassium iodide)	150 mcg	50%
Magnesium (as magnesium oxide)	20 mg	5%
Zinc (as zinc oxide)	25 mg	190%
Copper (as copper oxide)	2 mg	150%
Docosahexaenoic acid (DHA) (from natural algal oil)	200 mg	†

† Daily Value not established

Other Ingredients: Gelatin (Bovine), Soybean Oil, Glycerin, Water, Yellow Beeswax, Sorbitol, Soy Lecithin, Titanium Dioxide (color), FD&C Red #40, FD&C Blue #1.
Contains: Soy.

USAGE: Vitafol® Fe+ prenatal supplement provides vitamin, mineral, and omega-3 fatty acid supplementation throughout pregnancy, including individuals with known allergies to fish.*

Vitafol® Fe+ does not contain fish oil, fish proteins or fish byproducts.

CONTRAINDICATIONS: Do not use Vitafol® Fe+ if you have had a serious allergic reaction to Vitafol® Fe+ or any of the ingredients in Vitafol® Fe+.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a Poison Control Center immediately.

Before using Vitafol® Fe+, tell your healthcare provider about all of your medical conditions, including use of all medications, vitamins and supplements, pregnancy, and breast-feeding.

DIRECTIONS FOR USE: During pregnancy, take one softgel capsule by mouth daily, or as directed by your healthcare provider.

HOW SUPPLIED: Vitafol® Fe+ is available as a purple, oval shaped softgel capsule imprinted "EX0096". Available in Box of Unit-Dose pack of 30 (5 child resistant blister cards containing 6 softgel capsules), (0642-7473-30) and as professional samples (0642-7473-01).

Store at room temperature, approximately 15°-30°C (59°-86°F), avoid excessive heat above 30°C (86°F), light and moisture.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Distributed by:

Exeltis USA, Inc.,
Florham Park, NJ 07932

1-877-324-9349

www.exeltisUSA.com

U.S. Patent Pending

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